Please read through the choice of activities with your grown-ups. Your parents / carers can send pictures of your learning or ask any questions via my email account: <u>lizsoar@st-bartholomews.brighton-hove.sch.uk</u> I will always do my best to reply to your messages.

A day for the Y5 class at the moment could look like:				
Time	What are we	Activity choices		
	doing?			
9.00-10.00am	Active / Motivate	Join Joe Wicks – The Body Coach TV – you tube –for his		
	Time	daily workout or choose one of the activities in the blue		
		boxes.		
10.00-10.30am	Reading Time	Read a Collins e-book		
		https://collins.co.uk/pages/support-learning-at-home		
		or choose one of the activities in the orange boxes.		
11.00-12.00pm	Learning Time	Choose one of the activities in the green boxes.		
12.00-12.30pm	Lunch	Help make lunch, set the table and put everything away.		
12.30-1.00pm	Free Play	Have a rest and play with some toys or relax.		
1.00-2.00pm	Creative Time	Choose one of the activities in the yellow boxes.		
2.00-3.00pm	Learning Time	Choose one of the activities in the green boxes.		

Learning Time	Creative Time	Active/Motivate time	Reading time		
BBC BITESIZE : https://www.bbc.co.uk/bitesize/dailylessons					
BBC BITE   I WISH – TALK FOR WRITING BOOKLET   Manual Manual Manual Manual Content (Manual Manual Content (Manual Content (Manual Manual Content (Manual Manu	SIZE : https://www.bbc.co GRAFFITI HUNT As you are out and about, look for any examples of graffiti, and if you can take a photo. This website shows some of the Brighton street artists https://inspiringcity.co m/2017/03/01/where- to-find-street-art-in- brighton/ Have a go at writing a word in a graffiti style. It might be your name, or a message of hope. Look at the examples	DAILY EXERCISE Can you build up your stamina and fitness <u>safely</u> ? Go to an open space with a family member. Have a go at jogging for one minute, then walking for one minute. How many times can you do this? The more you do it, the easier it will become! <u>YOUTH SPORTS TRUST</u>	READ FOR 20 MINUTES EVERY DAY It's been lovely to see the books you have been reading. Thank you for letting me know. READING COMPREHENSION Read the poem 'My Mind' that can be found under this grid. Then have a go at answering the questions. You		
ʻI WISH'	under the grid.	www.youthsporttr ust.org/60-second- physical-activity- challenges	may want to write the answers down, or you may just want to discuss		

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#### SPELLINGS WORDSEARCH or CROSSWORD

Take a look at the spelling list for year 3 and 4. I have attached this to the class page. When children come into year 6, they aren't always secure with these spellings. So highlight the ones you know you can spell, then put the words you struggle with into a gigantic word search grid. You might want to do this in capital letters. Then someone in your family could try to find all the words. Remember you can go up, down, left, right, or diagonally!

### ISLAND WRITING

Once you have designed your island, tell me how did you get to your island? Write about your arrival, explaining who you are with and how you got there. Try to think of an interesting and unusual way to arrive.

MATHS LESSON with WHITE ROSE or BBC BITESIZE

The focus this week is on:

**DESIGN AN ISLAND** Draw an island and give it a name. Make your map as colourful as you can and remember to include a key. You can include such things as forests and rivers, paths and roads, mountains and swamps etc. Remember that a map only shows permanent features not people and vehicles. What shape will your island be? What will the name of your island be?



#### **FILM REVIEW**

Watch a film with your family. How many stars would you give it? Write a short review about the film. What genre is it? Who would you recommend it to? Was there quality acting?

#### THANKFUL JAR

Find an empty jar with a lid. Each day, on a small piece of paper, write down something you are grateful for. Try to get each family member to do it. Then fold up the bit of paper without showing anyone, and put it in the jar. When

### ATHLETICS CHALLENGES How far can you

throw a tennis ball?

How far can you travel when you do a standing jump? (2 feet to 2 feet.)

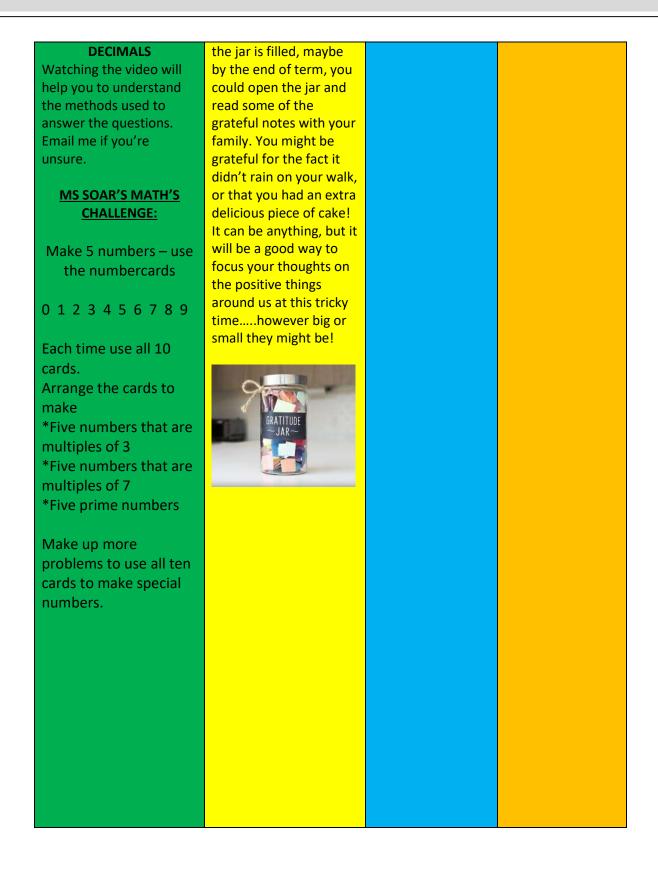
How fast can you run 80 metres? (you may have to estimate this distance – it's about the length of our top playground at school.)

Record your measurements and times. the answers with a grown up.

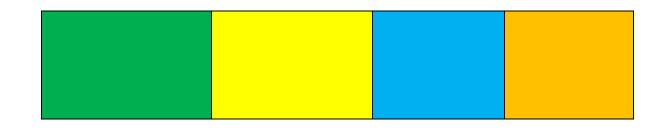
### PANGOLIN READING CHALLENGE

Remember to keep letting me know about the books that you have read.

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My Mind In my head's a journey that only I can take, there is no one else can ever read my mind. I must tread carefully, for all the thoughts I make must be mine alone, not lost upon the wind. Inside are paths and mazes. There are caverns, pits and keys. There are wolves and saints and crazes. A wave, a storm, a breeze. There are patterns, wonder, colours. Music, thunder, voices. My mind is like no other's -Only I can make my choices. Mind out, that is, if you don't mind, I must be gentle, treat it kind. Your mind is your own, I think you'll find. One day I hope to know my own mind.

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### **Retrieving Information**

- 1) What word does the poet use as a synonym for 'hole'?
- 2) How does the poet say she must behave towards her mind?
- 3) The poet uses the word 'mind' in different ways so that it has different meanings. Give two examples from the poem.

### **Making Inferences**

- 4) Do you think the poet is a young person or an older person? Explain why using evidence from the text.
- 5) Why do you think the poet wants their thoughts to "be mine alone"?

### Writer's choices

- 6) Why do you think the writer compares her mind to "paths and mazes"?
- 7) Why has the poet chosen to talk about "wolves" in her mind?

### Challenge question (extended question)

8) Do you think the poet's mind is a happy, sad or angry place? Support your answer with examples from the text.