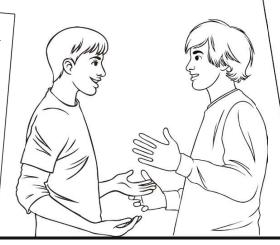
# A Letter to My Future Self

#### Task:

You are going to write a letter to your future self. This could be you in a year's time or you in a few years' time, at the end of secondary school.



Imagine what you would like to become. How would you like to be portrayed? you like to be portrayed? What do you want people to think and say about you? This letter will be private and should be a chance to open up about your thoughts, feelings and goals.

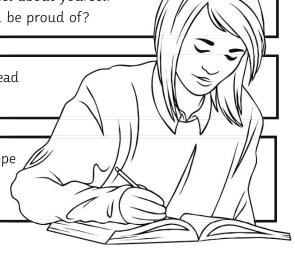
#### Ideas:

- · What advice would you give yourself when starting something new?
- · What would you like to change about yourself?
- How can you improve yourself?
- · What are your ambitions?
- · What are your goals?
- What are your dreams?
- Who would you like to get to know?
- · What new things would you like to take part in?
- If you were somebody else starting a new year at school, what would you tell them?

Think about what is important to you, how you want to feel about yourself and how you want others to feel about you. What will you be proud of?

When you have completed your letter, take some time to read it over and think through the advice you have given.

When you have done this, you may put it inside the envelope your teacher has given you. You should receive this letter back at the end of the year.



Dear:	(your name)
Signed:	Date:





# **Story Starter**

She gripped me tightly in her fingers. I could tell exactly what was about to happen...

Without warning, I felt myself being flung high into the air. For a moment it felt like I was flying as the wind rushed past me. I could see myself glowing a gloriously bright shade of yellow in the glistening sunshine as it poured down upon the court.

As I reached the pinnacle of my flight, I glanced down and saw her reaching up towards me with her racquet.

Then, it happened...

Everything blurred; my whole world went out of shape for an instant. I was hit by a wall of confusion and I felt totally disorientated. It wasn't until I sailed over the top of the net that I came to my senses and realised what had happened...





### Question time

- Who is telling the story?
- What is happening to them?
- What will happen to them over the next few moments?
- Can you attempt to tell a story from the point of view of an object? It could be tennis, another sport or another activity entirely!





# Sentence Challenge

What is the impact of using short sentences in the story starter? Can you find an example of when I have used one?

Can you continue the story using these sentence openers? Think about the length of your sentences and how this can convey information to your reader.

- Suddenly, I hit the ground...
- Ouch...
- What next?





## Perfect Picture!

Can you draw what is about to happen to the ball?





## **Sick Sentences**

These sentences are 'sick' and need help to get better. Can you help?

I flew threw the air.
Their were people watching from the stands. I hit the ground.