

B&H SUMMER 2022 3 CHOICE MENU + Halal

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DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
25.04.22 16.05.22 13.06.22 04.07.22 29.08.22 19.09.22 10.10.22	Main	Macaroni Cheese	Farm Assured Beef Burger in a Bun with Jacket Wedges	Roast Chicken with Roast Potatoes & Gravy	BBQ Chicken with 50:50 Rice	MSC Salmon Fish Fingers with Homemade Tomato Ketchup & Chips
	Vegan	5 Bean Chilli with 50:50 Rice	Veggie Shepherds Pie	Lentil & Basil Puff Pastry Whirl with Roast Potatoes	Vegan Spaghetti Bolognaise	Quorn Cumberland Sausages with Homemade Tomato Sauce & Chips
	Halal		Halal Beef Burger in a Bun with Jacket Wedges	Halal Roast Chicken with Potatoes & Gravy	Halal BBQ Chicken with 50:50 Rice	
	Jacket Potato	Baked Beans	Tuna Mayonnaise	Cheese	Baked Beans	Cheese
	Vegetables	Sweetcorn	Grated Carrot	Cauliflower	Broccoli	Peas
	Vegetables	Carrots	Peas	Savoy Cabbage	Sweetcorn	Baked Beans
	Dessert	Carrot Cake	Marble Cookie (V)	Ice Cream & Peaches	Italian Vanilla Cake (V) & Custard	Fruity Wholemeal Shortbread with Fruity Friday (V)
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
02.05.22 23.05.22 20.06.22 11.07.22 05.09.22 26.09.22 17.10.22	Main	Margherita Pizza	Spaghetti Bolognaise	Roast Turkey with Roast Potatoes & Gravy	Pork Sausage Roll with Homemade Potato Wedges	MSC Breaded Fish with Homemade Tomato Sauce & Chips
	Vegan	Mixed Bean Casserole with 50:50 Rice	Vegan Quorn Cumberland Sausages with Mashed Potato & Gravy	Mediterranean Gratin with Roast Potatoes & Gravy	Falafel with Lemon & Herb Couscous	Mexican Bean Roll with Homemade Tomato Sauce & Chips
	Halal		Halal Spaghetti Bolognaise	Halal Roast Chicken with Potatoes & Gravy	Halal Chicken Sausages with Potato Wedges	
	Jacket Potato	Baked Beans	Tuna Mayonnaise & Sweetcorn	Cheese	Baked Beans	Cheese
	Vegetables	Peas	Sweetcorn	Savoy Cabbage	Sweetcorn	Peas
		Carrots	Green Beans	Sliced Carrots	Broccoli	Baked Beans
	Dessert	Peach Upside Down Cake &Custard	Apple Pie & Ice Cream	Yoghurt & Fruit Station	Jelly & Mandarins (V)	Oaty Cookie with Fruity Friday (V)
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
09.05.22 06.06.22 27.06.22 18.07.22 12.09.22 03.10.22	Main	Pork Sausages with Mashed Potato & Gravy	Sweet & Sour Chicken with Noodles	Roast Chicken with Roast Potatoes & Gravy	Cheese & Tomato Pizza	MSC Fish Fingers with Homemade Tomato Ketchup & Chips
	Vegan	Sweet Potato & Lentil Curry with 50:50 Rice	Vegan Meatballs with Tomato Sauce & Pasta	Vegetable & Tomato Tart with Roast Potatoes	BBQ Quorn Fillet with Homemade Jacket Wedges	Vegan Burger Patty in a Bun with Homemade Tomato Sauce & Chips
	Halal	Halal Chicken Sausages with Mashed Potato & Gravy	Halal Sweet & Sour Chicken with Noodles	Halal Roast Chicken with Potatoes & Gravy		
	Jacket Potato	Baked Beans	Tuna Mayonnaise & Sweetcorn	Cheese	Baked Beans	Cheese
	Vegetables	Sweetcorn	Cauliflower	Broccoli	Savoy Cabbage	Peas
		Carrots	Peas	Sliced Carrots	Sweetcorn	Baked Beans
	Dessert	Fairtrade Banana Cake & Custard	Cinnamon Cookie with Sliced Pear (V)	Fruit Jelly (V)	Flapjack (V)	Chocolate Shortbread with Fruity Friday (V)
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(V) Suitable for Vegans

Available Daily: Bread Freshly Baked on site daily Daily Salad selection

WHAT'S FOR LUNCH THIS SUMMER?

Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

> caterlink feeding the imagination

KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site https://caterlinkltd.co.uk/my-caterlink to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

Our Office No 01273 417169

RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site.

https://caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

UNIVERSAL INFANT

FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps school funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement please ask in school or call 01273 293497

ALLERGY INFORMATION:

If your child has an allergy or intolerance, please ask the school office for more information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child, this form is available from the school office.. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.